Illinois School Health Center (SHC) Orientation

Presented by: EverThrive IL and the Illinois Department of Public Health (IDPH)
Mission of SHCs

- SHCs can look very different, but all aim to:
  - Provide comprehensive, primary care services
  - Focus on prevention and promote healthy lifestyles
  - Reduce access barriers
  - Serve low-income and high-risk populations
  - Create a comfortable, youth friendly environment
  - Support and partner with parents, schools, and the community

- 2,315 SHCs in 49 states and the District of Columbia
  - Serve an estimated 2.3 million children and adolescents
SHCs in Illinois
History of SHCs in Illinois

- First SHC opened in 1982 at Austin
- Illinois Coalition for School Health Centers formed in 1996
- Illinois School Based and Linked Health Centers Standards (IL Administrative Code) established in 1999
- School Health Program moved from IDHS to IDPH in 2014
Location

- 64 SHCs in Illinois in FY15
  - 33 in Chicago Public Schools
  - 4 in Suburban Cook County
  - 27 outside of Cook County

- 56 School-Based SHCs
- 8 School-Linked SHCs
Sponsorship

- 44 SHCs are sponsored by FQHCs/RHCs
- 20 SHCs are designated Type 56
  - Hospital/Medical Systems
  - Universities
  - School Districts
  - Local Health Departments
  - Community Health Centers
- 12+ SHCs see community members as well
Demographics

- 48,566 individuals seen
- 98,683 visits in FY15

**Age**
- 0-11 yrs: 12%
- 12-20 yrs: 75%
- 21+ yrs: 6%
- Unknown: 7%

**Insurance Status**
- Medicaid: 57%
- No Insurance: 19%
- Private: 14%
- Total Unknown: 10%
Standard Requirements:  
Services

- Basic medical services and acute care:
  - Physicals, well child or adolescent exams, and immunizations
  - Pregnancy testing; STI testing and treatment
  - Monitoring of chronic conditions (asthma, diabetes, etc.)
- Reproductive health services
- Health risk assessment
- Basic mental health and substance abuse services
- Health education and promotion
- Oral health services
Standard Requirements: _______
Health Risk Assessment

- Regular Clinic Users

- Ask about:
  - School performance
  - Drug, alcohol and tobacco use
  - Peer and family relations
  - Sexuality
  - Risk of violence
  - Mental health

- Bright Futures
Standard Requirements:
Eligibility, Accessibility, & Confidentiality

• **Eligibility**
  – Parental permission – signed consent form
  – As allowed by law

• **Accessibility**
  – 24 hour access

• **Confidentiality**
  – HIPAA
  – FERPA
Standard Requirements:
Staffing Model

Staffing
- Medical Director (Pediatrician or Family Physician)
- APN/PA
- Medical assistant, RN, clinically-trained mental health worker, front desk staff

Additional staff:
- Health Educator
- Outreach worker
- Dentist and hygienist
- Nutritionist
Standard Requirements: Quality Improvement & Advisory Board

- **Continuous Quality Improvement**
  - Quality improvement plan
  - Data reporting
  - Internal clinical review
  - Patient satisfaction survey

- **Advisory Board**
  - Advise, make recommendations, and provide community support and feedback
SHCs vs. School Nurses

- SHC staff supplement, not supplant existing school staff

**School Nurses:**
- Address urgent needs
- Monitors medical compliance
- Collaborate with school educational teams re: IEPs and 504s

**NP in a SHC:**
- Provides primary care, including behavioral health services
School Integration

- Mutually Supportive policies and procedures
- School-wide strategies and frameworks that support and academics
- Share leadership and decision-making roles
- Integrated health programs and services
- Joint resource development
Funding

- **Mixed funding model:**
  - Billing: Medicaid and private insurance
  - Private foundations
  - Community partners
  - Grants: Federal and State
    - IL State funding: $4.3 million
      - Distributed through the IDPH SHC Grant program
  - Private donations
IDPH SHC Grant Program

- 2 Federal funding sources:
  - Title XX (Social Services Block Grant)
  - Title V (Maternal and Child Health Block Grant)

- 2 State funding sources:
  - General Revenue Funds (GRF)
  - Tobacco Settlement dollars

- 43 SHCs receive some level of funding through the grant program
Key Players & Their Roles

- Illinois Department of Public Health (IDPH)
- Illinois School-Based Health Alliance (ISBHA)
- School-Based Health Alliance (SBHA)
- Chicago Public Schools, Healthy CPS, Office of Student Health and Wellness
Illinois Department of Public Health

- Provides oversight and certification of SHCs
  - Ensures quality care
- Conduct annual site visits
- Host school health days once a year
- Administer SHC grant program
- Provide TA to the SHC field
- IDPH STI Program
Illinois School-Based Health Alliance (ISBHA)

- Advocate for the SHC model
  - Collaborate with EverThrive IL Policy Director
  - Host annual Youth Advocacy Day
- Provide TA opportunities
- Host regional meetings
  - Four regions – Central, Chicago, Northern, Southern
- Committees and workgroups
  - Steering Committee
  - Technical Assistance and Behavioral Health Workgroups
- Annual field survey
- Annual conference
School-Based Health Alliance

- National convener of SHCs
- Host annual summer conference
- Advocacy Day when in Washington, D.C.
- Provide TA opportunities
- Newsletter
- Membership
- Provide funding opportunities
Resources

- IDPH School Health Program website:

- CAHI/ISBHA website:
  - http://everthriveil.org/initiatives/child-adolescent-health

- National SBHA website:
  - http://www.sbh4all.org/

- CPS website:
  - http://cps.edu/oshw/Pages/HealthyCPS.aspx
Thank You!

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